



**Bishop McHugh Regional Catholic School**  
Accredited by the Middle States Association of Colleges and Schools  
2221 Route 9N, Cape May Court House, NJ 08210  
609-624-1900 Fax 609-624-9696  
[www.bishopmchugh.com](http://www.bishopmchugh.com)

FOR IMMEDIATE RELEASE

**For more information:**  
Felicia L. Niven, 609-569-1060  
[Felicia@bishopmchugh.com](mailto:Felicia@bishopmchugh.com)

### **Bishop McHugh 7<sup>th</sup> Grader is State Free Throw Shooting Champion**



(April 7, 2016) Keith Palek, age 12 of Woodbine, N.J., earned a State Championship at the Knights of Columbus Free Throw Shooting Contest on April 3. Keith is a seventh grade

student at Bishop McHugh. He is pictured here with his parents, Keith and Jenessa Palek, who coach basketball for the school.

Bishop McHugh Regional Catholic School is a PreK-8 regional school in Cape May County with a student-centered curriculum grounded in the Gospel values. For more information, visit <http://bishopmchugh.com/mchugh/>. The community is invited to “Like” Bishop McHugh on Facebook at [www.facebook.com/BishopMcHughRegionalSchool](http://www.facebook.com/BishopMcHughRegionalSchool) and follow Principal McGuire on Twitter at [@BMRCSPrincipal](https://twitter.com/BMRCSPrincipal).

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